

### **Prescription Opioid Disposal Advocacy:**

1. Help your patients locate their nearest Opioid Disposal Bin:

<https://apps.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>

2. Advocate for a secure opioid disposal bin to be installed in your hospital/pharmacy
3. Host an Opioid Takeback Event
  - Contact Michigan OPEN to learn how to host an opioid takeback event in your community

<https://michigan-open.org/programs/medication-take-back-day/>

4. Instruct patients to flush excess opioids down toilet (note that EPA recommends minimizing this strategy as it can impact local water supplies)
5. Mix with cat litter/coffee or another undesirable substance and place in trash

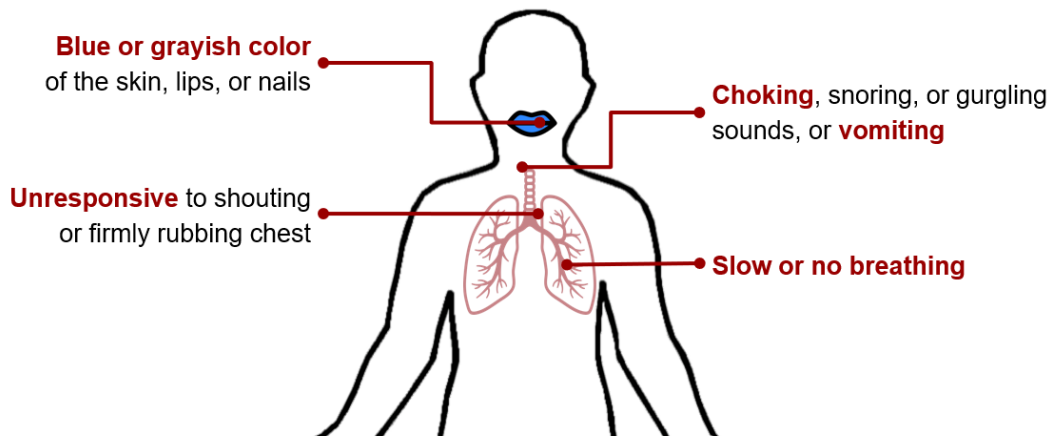


### **Naloxone (Narcan®) Toolkit**

#### **Teach patients how to recognize signs of overdose and give Narcan:**

- If you suspect an overdose, first **call 911**
- Then administer **Naloxone**, a life-saving medication, immediately
  - Naloxone **reverses** the effects of **opioids**, such as **fentanyl**
  - Works almost immediately and is **easy to administer**
  - Typical form: nasal sprays, such as *Narcan®*
- Administer 1 spray every 2 to 3 minutes **until patient responds or emergency medical assistance arrives**






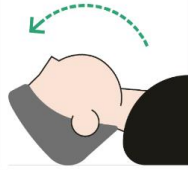
For those with darker tone skin, grayish or blue skin may be difficult to identify. Lips or nail bed discoloration may be easier to identify such color changes.


## How to Administer Narcan


To administer Narcan nasal spray in an overdose situation, follow the 6 steps below:

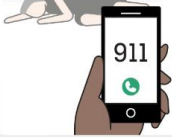
- 1** Lay the person on their back. Try to wake them up by yelling:



- 2** Tilt the person's head back.


- 3** Hold Narcan in the correct position.


- 4** Place the nozzle into one nostril. Press down on the plunger firmly.


- 5** Roll the person to their side. Call 911, and stay with the person.


- 6** Repeat steps 1 to 5 every 2 to 3 minutes if they are unresponsive.



**Consider co-prescribing Narcan any time you prescribe an opioid**

AAP recommends prescribing for all children and adolescents receiving an opioid prescription  
<https://publications.aap.org/pediatrics/article/154/5/e2024068752/199482/Opioid-Prescribing-for-Acute-Pain-Management-in?autologincheck=redirected>

Learn about Narcan administration  
<https://endoverdose.net/>

California Residents can receive free Narcan  
<https://nextdistro.org/cachoice>